



Seven Verses *from the* Bhagavad Gita *by* Swami Shyam

Swami Shyam has translated the Bhagavad Gita from the original Sanskrit into English and Hindi. He selected these seven essential verses to be sung and studied daily as a part of *saadhana*. Since then, his English rendition has been translated into twenty-two languages so that people all over the world can sing, study and unfold their own true nature, forever free and pure.

in Danish



på dansk

The Purpose of Verses of the Bhagavad Gita

by Swami Shyam

The main purpose of the verses in the Bhagavad Gita is to strengthen the style of living of the one who reads them and imbibes their essential meaning. They are meant to be read and their meaning assimilated by all human beings who have the tradition of thinking, from time immemorial, that each person and each form is born; that forms will end in nothingness, so a human being will not have their joy; that because a person will also end or die, he will be eliminated completely as a body; and, that without his body, he cannot enjoy anything.

All people on earth are trying to live their life for the sake of experiencing joy, delight, or happiness. But even when they are alive and young and have everything around them, they do not succeed in deriving satisfaction by experiencing the joy contained in things or within their bodies. When they reach the end of their lives, they become very hopeless, because their senses, which had been enjoying things and the tastes contained in them, are so weak that they are unable to derive any joy from the tastes found in the objects and in themselves as bodies.

Therefore, every human being entertains the fear of the elimination of things, and even of his or her own elimination. Those who are conscious human beings entertain fear at every step and cannot live their human body life free from the idea that they should live forever and never die, because if they never die, many things will be available to them.

In these verses, the truth is spoken: please develop your ability and gain the knowledge that enables you to know that you are never born, thus, you will never die. You are eternal, pure, and forever. You are free from any adverse effect created by the power of things and human beings. You, as your true nature, are therefore the freedom that is never caught by any person, any thing, any relation, or any relative situation. Imbibe this fact and know it!

This is the meaning of these verses. Since human beings have no ability to know this, they have to read these verses again and again if they do not sing them. If they do sing, they have to sing them again and again until the truth of the real YOU, as the Self, is assimilated perfectly.

The one who does this will see that he is able to live his human life every day in freedom, without the effect of pain, suffering, and disease or the idea of destruction and death. He will always keep the thought and knowledge alive of this YOU, who is undying. Then, never will a thought come to him to kill or cut anybody, or that he will be cut or killed by any person, weapon, or situation. This knowledge will eliminate one's fear while living on Earth. And that will mean very nice living throughout!

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Ja, en som ved at Selvet dræber,
og en som mener at det dræbes,
ingen af dem ved at Selvet
dræber ej og dræbes ej. 2:19

Det fødes ej og går ej bort,
det blir ej til og hører ikke op.
Selvet det er ufødt, evigt,
vedvarende og urgammelt,
det dræbes ej når kroppen dør. 2:20

Selvet kan ej udryddes,
det er evigt, uforanderligt.
Kan en person så dræbe, Arjun?
Og hvem kan derfor blive dræbt? 2:21

Som gamle klæder kastes bort
og andre nye findes frem,
sådan kastes kroppe bort
og Selvet tager nye på. 2:22

Nej, Selvet såres ej af våben,
nej, Selvet brændes ej af ild,
nej, Selvet blir af vand ej våd,
det tørres ej af vinden. 2:23

Kan ikke såres, kan ikke brændes,
kan ikke gøres våd og tørres.
Dette er Selvet:
Evigt, alle steder,
konstant og uendeligt. 2:24

Selvet det er ikke skabt —
ufatteligt, uforanderligt.
Så derfor hvis du kender Selvet,
så skal du aldrig sørge. 2:25

Og Shyam siger dig:
Du kan være stille eller glad,
lille eller stor,
for ingen på denne jord
ønsker sig at dø.
Så du må bryde ringen
af fødsel og død
ved at meditere
på den evige Sandhed:
at Selvet det er Amaram
at Selvet det er Madhuram.